



An Update from Supervisor Mike Schroeder

"We are neighbors helping neighbors. We responsibly apply tax dollars to fulfill our state mandates, as well as provide services, information and resources to assist and benefit our residents."

Strategic planning session: Identifying emerging needs and developing a plan for meeting those needs was the focus of a recent strategic planning session. Participants included Township elected officials, staff, and private citizens. Among the key goals set were (1) to redesign the space in the Township building to efficiently and effectively provide services; (2) to better define services the Township should provide and the agencies it should fund; (3) to set core values and redevelop the mission statement; which is printed in bold at the beginning of this column; and (4) provide increased public education on the services Township government delivers.

Help for military families: In light of our country's recent military action, Wheeling Township is developing a plan for those called to active duty whose families are experiencing an income loss. The Township is reaching out to assist these families because every American is benefitting from the sacrifices being made by these men and women. Those families needing assistance are asked to call Jo Stellato at the Township, (847) 259-7730. All calls will remain strictly confidential. In addition, we invite those who would like to donate gift certificates, cash, services or other support to call the Township. We will partner with you, our residents, as well as other local agencies in order to best serve these families. We are neighbors helping neighbors.

Dental Care for low income residents: The Mobile Dental Clinic Partnership, a joint venture between Northwest Community Healthcare, Wheeling, Elk Grove and Palatine Townships, is expected to be on the road sometime this summer providing needed dental care for Township residents who are unable to afford it. It's just one more Township-initiated service for our residents.

I look forward to keeping you updated on each of these important issues.

Sincerely,

Low Cost, Non-Invasive Tests for Stroke Risks, Bone Density At Township July 23

Stroke is America's third leading killer. It is also the #1 cause for nursing home admissions. Unfortunately, half of all stroke victims have no warning signs before a stroke occurs.

That's where Life Line, a nationally recognized health screening organization, can help. Life Line technicians will be at Wheeling Township on July 23 to offer painless, non-invasive screenings for vascular disease using



A Life Line technician performs a carotid artery screening. the most advanced Doppler ultrasound technology. The screenings will quickly detect arterial abnormalities which can cause irregular blood flow. These tests would run \$300.00 to \$800.00 each if performed in a hospital, but can be performed by Life Line at a much lower cost because of the volume of people who can be screened in a day. The four tests that will be offered are:

- 1. Carotid Artery/Stroke Screening \$45.00** Scans the carotid arteries in the neck for plaque buildup which leads to stroke — one of the most preventable of all life-threatening health problems.
- 2. Abdominal Aortic Aneurysm Screening \$45.00** Screens for the existence of an aneurysm in the abdominal aorta.
- 3. Peripheral Arterial Disease Screening \$45** Screens for plaque buildup in the lower extremities which is linked to coronary artery disease.
- 4. Osteoporosis (bone density) Screening \$35.00**

Complete vascular package (1,2, & 3): \$99.00

Sign up for all 4 screenings for \$125.00

PRE-REGISTRATION IS REQUIRED. Call 1-800-407-4557 for an appointment. Health insurance/Medicare does not cover the cost of these services. Payment may be made by credit card over the phone at the time the appointment is made, or by personal check or money order at the screening.

Can You Help Fill The Pantry's Shelves?

Thanks to the many generous donations during the holiday season, and to the ongoing support of groups such as the students from Betsy Ross School featured at the right, we have been able to meet the need for food for our needy residents over the past several months.

However, our supply of some items is very low. If you could help provide any of the following items, we would be very appreciative:

- One pound cans of coffee
- Canned fruit
- Applesauce
- Peanut butter
- Jelly
- Sugar
- Tea

Your continued support of this and other Township programs is what makes us a neighbors-helping-neighbors community!



In the Spotlight

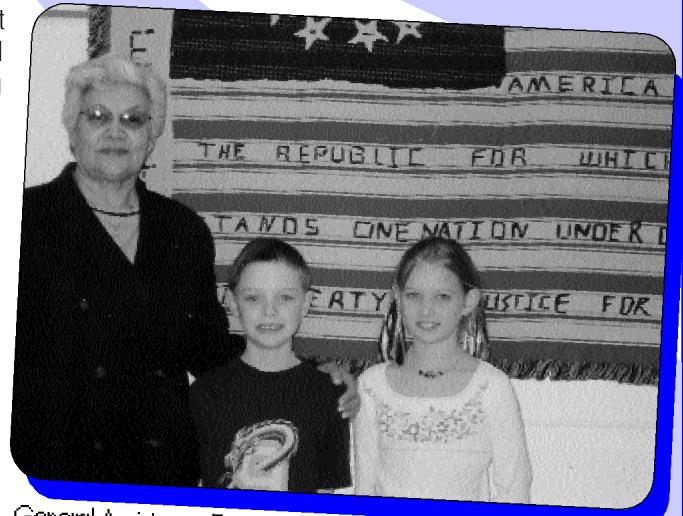
Young Citizens from Betsy Ross School Demonstrate Caring and Compassion

On a brisk February morning, representatives from the student body of **Betsy Ross School** in Prospect Heights presented Wheeling Township's General Assistance Department with a sack of -- money.

The funds were in all denominations -- pennies, nickels, dimes, quarters, and dollar bills. The money collected was earmarked to help fill the shelves in our Food Pantry. In all, the students collected over \$700.00 to help feed needy families in the Township.

These young citizens worked as a group to run a very successful bake sale to benefit the Food Pantry. Students from each grade worked in cooperation with their parents, teachers and Sharon Faber, the teacher who coordinated the event, to have delicious homemade baked items to sell. As the money collected

clearly shows, the bake sale was a great success!



General Assistance Director Jane Tischler accepts funds donated to the food pantry from students Jake Schwab and Abby Reno

As one seven year old boy said as he proudly carried his class's collection up to the front of the assembly to be counted, "There's a lot of cookies in here!" He was referring to the time and effort the students donated to make the bake sale a success.

Wheeling Township is proud to honor these children who are learning at a young age the importance of reaching out to those who are less fortunate.

Come to the Resource Fair For Adults With Disabilities on July 17!

Who: Persons with a disability or those who are caregivers for a disabled individual

What: Information about helpful resources within our community for those with disabilities

Where: Arlington Heights Memorial Library, 500 N. Dunton (Hendrickson Room), Arlington Heights

When: Thursday, July 17, 1:00-3:00 PM

Cost: No charge; refreshments will be served

Don't miss this opportunity to connect with area organizations and businesses that provide products and services for persons with disabilities. **New this year will be information about housing for those with disabilities.**

This program is presented by Wheeling Township's Advisory Council on Disabilities and the Arlington Heights Memorial Library

**From Town Clerk *Kimberly Peterson*
Vehicle Stickers Available for Residents
Living in Unincorporated Area**



The 2003 Cook County vehicle stickers are here! If you are a resident of **unincorporated** Wheeling Township and would enjoy the convenience of purchasing your vehicle sticker here at the Township, simply stop by with your vehicle sticker application along with cash or a check for the amount of the sticker.

Below is a list of the types of stickers and their cost:

Passenger vehicle (X)	\$25.00
Senior Citizen (65 years or older) (SR)	\$ 1.00
Trucks up to \$10,000 lbs. (A)	\$35.00
Motorcycle (MB)	\$15.00
Permanently Disabled	FREE
Transfer (TR)	\$ 1.00

The new stickers must be displayed no later than May 1, 2003.

Register to vote! Have you recently turned 18 or moved? Then you'll need to register or re-register in order to vote in the next election. Stop by the Town Clerk's office between 9:00 AM-4:30 PM Monday thru Friday with two forms of identification, at least one of which must show your current address. We'll have you registered to vote in a matter of minutes!

Senior Celebration Day!

Wheeling Township salutes its older citizens as a co-sponsor of the 15th Annual Senior Celebration Day

What: "15 Years of Honoring Seniors"

Where: Randhurst Shopping Center

When: Wednesday, May 14, 2003
9:00 AM - 4:30 PM



Mark your calendar today and plan to attend! If you need transportation, call the Township Transportation Department at (847) 259-7743 beginning May 1 to make your reservation.

- Prize drawings
- Ask the Doctor panel
- Voter registration
- Bill Porter & his Orchestra; London Middle School Jazz Band
- Free health screening
- Senior services information
- Secretary of State Mobile Unit

Paint-a-Thon Puts a Fresh Coat of Paint on Seniors' Cherished Homes

Wheeling Township is proud to once again be a partner in the 16th Annual Community Paint-a-Thon, which will take place on Saturday, September 6, 2003.

The program is a unique community partnership designed to paint homes that are owned and occupied by persons with limited financial resources who are either 60 years of age or older or have a permanent disability, and are unable to do the work themselves. Income requirements are \$25,000 or less annually.

Excessive expenses, such as prescriptions, will be taken into consideration when determining eligibility for the program.

Applications for Paint-a-Thon 2003 are available by calling Cindy Gunderson at Catholic Charities, (847) 253-5500, or Sue Ellen Burlini at Wheeling Township, (847) 259-7730.

Volunteers needed: If you or your company would like to volunteer for the event, call the Volunteer Center at Northwest Suburban Chicago, (847) 228-1320. Both skilled and unskilled



painters are welcome to participate. Your help is needed to help this wonderful program continue to serve our senior and disabled residents who are so appreciative of a helping hand and a fresh coat of paint!

Funding for These Agencies Provided by Wheeling Township

Alexian Northwest Mental Health Center
Avenues to Independence

Lutheran Services of Illinois
Behavioral Health Services Program

Catholic Charities
(housing, senior services)

CEDA (emergency shelter, child care,
Head Start)

Children's Advocacy Center
Clearbrook Center

Community Companion Volunteers
Countryside

Glenkirk

The Greater Wheeling Youth Outreach
The Harbour

Journeys from Pads to Hope
Horizons Children's Center

Life Span

Omni Youth Services

P.H.D.

P.R.C. Paratransit

RCE/Senior Shared Housing
Salvation Army

Shelter, Inc.

Suburban Primary Health Care
ACCESS TO CARE

WINGS

Dolores Stephan... Assessor on Call...



The first installment of the **2002** Real Estate Tax Bill was due March 1, 2003! This First Installment is always one-half of the prior year's total. If you did not receive a tax bill, you may contact our office and we will assist you in obtaining a copy. Quite often new purchases and/or new construction tax bills are mailed to the previous owner. It is very important that you receive a copy of your tax bill even though your mortgage company pays it.

FYI: The **Senior Homestead Renewal Notice** and **Senior Freeze Application** were mailed in January of this year. If you did not receive this or did not reply, a second mailing in a booklet form was mailed in March. This mailing was sent to all residential properties in Cook County with a label identifying the **Permanent Index Number** of the subject property. In addition to the **Senior Homestead** and **Senior Freeze** applications, the booklet contained the **Homeowners Exemption Application**. If you

were eligible and filed for either Senior Exemption, you will automatically receive the Homeowners Exemption without completing another form.

If when you read this you determine that you did not file, you should contact our office immediately. If time permits and you qualified, we will make every effort to have these exemptions included on your Final Installment of 2002 Real Estate Taxes. Even when you receive your 2002 Real Estate Tax Bill late this summer, you should check it and make sure that your Exemptions appear before making payment. If your eligible exemption does not appear, you may apply for a corrected tax bill before making payment or a refund after making payment. We are here to assist you.

If you have any additional questions, please contact the Wheeling Township Assessor's Office at (847) 259-1515. Our hours are 9 a.m. to 4:30 p.m. weekdays. Please stop in or call us.



A Sad Goodbye to a Friend Known for Her Friendly Hello

Joyce Lynn Sherman, a.k.a. "Adorable," passed away on February 7, 2003, just two weeks short of her 60th birthday. Joyce had been Wheeling Township's Receptionist since 1982, and was a loyal, dedicated employee whose smiling face and contagious great sense of humor earned her the unofficial title of Wheeling Township's Ambassador of Good Will. In some she instilled sunshine to their sunless world, to others she brought hope to their saddened

plight, and to all she spread her charm, warmth and caring attitude.

The Township staff and elected officials are struggling with the loss of a great friend and trusted colleague who is greatly missed by all.

SENIOR AND DISABILITY NEWS

Upcoming Drivers' Programs

Illinois Rules of the Road - Free Review Course

Come refresh your memory and your skills and prepare yourself to drive responsibly. Your best defense against accident and injury is knowing traffic laws and obeying them. So join us to update your driving skills by taking the one-session Jesse White Secretary of State Refresher Course. You will leave better prepared to successfully complete both the written test and road test when you renew your license. You will be able to take a practice written examination and will learn what will be expected for your actual road test. Take responsibility to help make our streets and highways safer.

The course will be held from 9:30 a.m. - 12 noon. Call (847) 259-7733 to register on the date you wish to attend. There is no charge.

- ✓ Thursday, June 12
- ✓ Thursday, August 14
- ✓ Thursday, October 9
- ✓ Thursday, November 13

AARP Safe Driving Program

This program is designed to enhance your driving skills and possibly reduce the liability portion of your auto insurance (check with your carrier). Upon completion of the two-evening session, you will be issued a certificate which can be submitted to your insurance company. The cost of the program is \$10.00 (payable to AARP). Payment should be mailed to the Township prior to the first evening class.

- ✓ Monday, May 5 and Wednesday, May 7
- ✓ Monday, June 2 and Wednesday, June 4
- ✓ Monday, July 7 and Wednesday, July 9
- ✓ Monday, August 4 and Wednesday, August 6

Could You Help Us Deliver Meals for the Homebound?

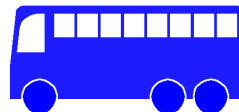
As the senior and disabled population in our community grows, so does the need for services. While recovering from surgery, during treatment for an illness, or due to age and ability, older residents in our community may need home delivered meals to help provide proper nutrition as well as a friendly check on their well-being. Meals are delivered Monday thru Friday between 11:00 AM and 12:30 PM. If your schedule allows you to drive once a month, once every other week, once a week, or on an as-needed basis, please call us at (847) 259-7733.

COME ABOARD FOR THESE SPECIAL TRIPS

IMPORTANT -- NEW BUS FEES: Beginning June 2, 2003, due to steadily increasing costs associated with transportation, the fare for riding the Township bus will increase to: \$2.00 for a one-way trip within the Township; \$8.00 for a **one-way trip outside the Township on the medical van.**

Plan to join us for one or more of these special trips. Call 259-7743 for reservations.

<u>Date of Trip</u>	<u>Destination</u>	<u>Reservations</u>
Tues., May 13	Hawthorne	Beginning May 6
Tues., June 10	Golf Mill	Beginning June 3
Tues., July 8	Long Grove	Beginning July 1
Tues., Aug. 12	Deer Park	Beginning Aug. 5
Tues., Sept. 9	Woodfield	Beginning Sept. 2



(continued on next page)

Please join us for
any of these

Wheeling Township Groups

Visually Impaired Support Group

1st Thursday of every month
1:00-2:30 PM

Voices -- Therapeutic Support Group for Visually Impaired

every Thursday
(except 1st Thursday)
12:30 PM-2:00 PM

Advisory Council on Disabilities

4th Thursday of
January, March, May,
July & September
9:30-11:00 AM

Senior Advisory and Action Council

4th Tuesday of each month
except
July, August & December
9:30-11:00 AM

*Please join us -- we are always
looking for new members who are
interested in senior issues.*

All of these groups meet at
Wheeling Township Community
Center, 1616 N. Arlington
Heights Road

Call (847) 259-7730
for more information.

Call our Dial a Ride service at
(847) 259-7743 at least 48
hours in advance if you need
transportation.

SENIOR AND DISABILITY NEWS

H.A.T.S. (Help Available To Seniors)

H.A.T.S. (Help Available to Seniors) programs are held in the Wheeling Township Community Center, 1616 N. Arlington Heights Road in Arlington Heights, from 10:00 a.m. - 11:30 a.m. Programs are free of charge and open to all seniors age 60 and over. Refreshments are served. Call (847) 259-7733 to register.

Tuesday, June 10 **"Plant a Pot or Pot a Plant"**

Sylvia's Flowers

Sylvia's will bring spring to the Township with a beautiful assortment of fragrant flowers and green plants. You are invited to bring a lonely, empty, three to five inch pot and transform it into a blooming work of art!

NEW HEALTH SERIES CONTINUES IN FALL

The 4th and 5th parts (our final presentations) of our health series on pain management presented by the Schaumburg Pain Therapy Center will continue in the fall on the following dates:

Tuesday, September 9 **"New Treatments for Fibromyalgia"**

Dr. Carey Dachman

Dr. Dachman will present information about new treatments for fibromyalgia when he reviews recent theories about its causes, medical treatments, and options patients have for helping themselves. You'll feel better after hearing Dr. Dachman's upbeat and positive presentation.

Tuesday, October 14 **"Acupuncture Made Easy"**

Dr. Jim Czarnecki

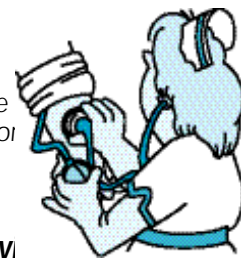
Dr. Czarnecki will discuss this centuries-old technique that has been used to treat everything from headaches to cancer. Traditional Chinese acupuncture, while appearing confusing, is very understandable in Dr. Czarnecki's hands! Come learn more about this technique that may well be the best treatment yet for your ailment - and may lessen the need for medications.

PLEASE NOTE: There are no H.A.T.S. programs in July and August.

HEALTH SCREENING SERVICES

The following health screening services are administered through the Township nurse for residents 60 years of age and over.

Call (847) 259-7733 to make an appointment for any of the following services.



Blood Pressure & Blood Sugar Monitoring

Tuesdays & Thursdays, 9:00 a.m.-3:00 p.m.
Blood pressure - no charge. Blood sugar - \$1.00 charge.

Anticoagulation Therapy Testing (Pro Time)

Tuesdays and Thursdays, 9:00 a.m. - 3:00 p.m.
\$6.00 charge

The following Health Services are available to residents 18 years of age and older:

Mantoux Test for TB

Every Tuesday morning, by appointment. Test is read in 48 hours. \$1.00 charge.

Cholesterol Screening

4th Thursday of each month - 9:30 a.m. - 1:00 p.m., by appointment. ADDED TEST - a fasting lipid profile including total cholesterol, HDL, LDL, and triglycerides, \$15.00 charge. We will continue to offer non-fasting total cholesterol and HDL, a \$10.00 charge. Requires drawing of a blood sample from the fingertip.

Additional health screenings available through the Township:

Hearing Tests

4th Thursday of each month, 1:00-4:00 p.m.
Administered by Northwest Speech and Hearing Center of Arlington Heights. No charge.

Cataract and Glaucoma Screening

1st Tuesday of each month 11:00 a.m. - 12:00 noon at the offices of Lawrence Wolin, MD 1602 W. Central Rd., Arlington Heights. No charge.

3rd Monday of each month, 1:30 p.m. - 2:30 p.m. at the offices of Bertram Kraft, M.D. 68 W. Dundee Road, Buffalo Grove. No charge.

In Memorium: Ray Kwiek

Ray Kwiek, our full time Wheeling Township bus diver, died on February 15, 2003.

Ray was a 40 year resident of Arlington Heights and had been a bus driver for the Township since 1999. He will be fondly remembered for his caring, courteous and dedicated service to the seniors in our community.



From Highway Commissioner Scott Saewert

Help Keep Drainage Ditches Clean And Flowing . . .

The unincorporated areas of Cook County in Wheeling Township use ditch and culvert systems to handle drainage. They are designed to collect moisture from the road pavement and elevated properties, and drain it into storm sewer basins at strategic locations. To function as intended, these ditch and culvert systems depend on mutual Township and resident cooperation. The Township is responsible for maintaining drainage pipes that cross under roads, as well as the storm sewer system that the basins drain into.

Township residents are responsible for their driveway apron and the culvert that runs beneath it. This means keeping the pipe clear of obstruction to allow water to flow freely through it, and repairing the driveway apron should the culvert heave, creating a bump in the apron. Water pressure from a garden hose should be sufficient to clear

a culvert of debris if done on a regular basis. If debris is allowed to become packed, a contractor with more powerful equipment may be required.

In addition, residents are responsible for maintaining the ditch in the front of their property by simply raking out leaves and grass clippings that may accumulate. It is important to grow and maintain a grass covering in the ditches to prevent silt from accumulating and clogging culverts and drainage pipes.

This mutual resident and Township cooperation will help assure that the entire draining system operates at its maximum capacity for the benefit of both you and your neighbors, and help keep costly drain system and road repairs to a minimum.

It is a pleasure serving you. If you have any questions or if we can be of service, please call the office at (847) 259-7730.



Monthly Job Club Meetings Move to Larger Space at Schaumburg Township

If bigger is better, then the Wheeling Township Job Club is a pretty fantastic group!

After eight years of hosting the monthly meetings here at Wheeling Township, the size of the group has dictated that we move to a larger space at Schaumburg Township.

The Job Club, designed to provide motivation, networking opportunities and employment leads for job seekers 50 years of age and over, now meets on the **4th Tuesday of each month at 1:00 PM in the multi-purpose room at Schaumburg Township, One Illinois Blvd. in Hoffman Estates.** The Township building is located at the intersection of Illinois Blvd. and Schaumburg Road, one block west of the Schaumburg Post Office.

At the end of each job club meeting, Senior Employment Director Val Profit passes out her famous "Job Bank" which is a listing of open positions available in the Northwest suburbs.

Job seekers may also make an appointment for a one-on-one meeting with Val. She'll look over your resume to see what you've done in the past, assess where you're going in the future, and discuss open positions that may be of interest to you.

If you are 50 and over, unemployed or underemployed, and serious about your job search, Val can assist with positions from entry level to professional, part time and full time.

Plan to attend the next Job Club meeting on Tuesday, May 27. Or give Val a call today to make an appointment . . . and don't forget your resume!

Would you be willing to plant a row for the hungry?

Again this year, Wheeling Township will be joining with The Daily Herald and other local communities to encourage residents to plant an extra row in their vegetable gardens this summer.

The fresh produce from that extra row can then be brought to Wheeling Township where it will be passed on to very appreciative General Assistance clients who will use the items from your garden to make wholesome and nutritious meals.



Wheeling Township is comprised of large portions of Arlington Heights, Buffalo Grove and Mt. Prospect; all of Wheeling and Prospect Heights, and small portions of Northbrook and Des Plaines. Wheeling Township is bounded by Lake Cook Road on the north, Central Road on the south, the Forest Preserve/Des Plaines river on the east, and Wilke Road on the west.

Meet Your Wheeling Township Elected Officials



Michael Schroeder, DDS
Supervisor



Kimberly Peterson
Town Clerk



Dolores Stephan
Assessor



Scott Saewert
Highway Commissioner



Mike Domrzalski
Trustee



Joy Fisher
Trustee



Ruth O'Connell
Trustee



JoAnne Schultz
Trustee



Stephen Sharer
Collector

Review Your Driver's License When Secretary of State's Mobile Unit Visits Wheeling Township On May 30!

As a convenience to residents, Wheeling Township will be hosting the Secretary of State's Mobile Facility on Friday, May 30 from 10:00 AM-2:30 PM.

Services that will be available include:

- Vision screening
- Written examinations
- Duplicate license
- Corrected license
- License renewal
- Identification cards

Please note that CDL licenses are not available through the Mobile Facility.

If your driver's license or state I.D. card has expired, you will need to bring the following original documents: Social Security card, birth certificate, and a piece of mail with your current address on it.

Those who are 75 years of age or over must go to a Secretary of State Driving Facility in order to obtain a renewal since a road test is required. However, those 75 years of age and over who only want a state I.D. card may obtain it at the from the Mobile Facility at the Township on May 30.

Appointments are necessary. Call (847) 259-7730 by Friday, May 23.

Wheeling Township Report, Inc.

1616 N. Arlington Heights Road
Arlington Heights, IL 60004
(847) 259-7730
www.wheelingtowship.com

HOURS: 9:00 AM-4:30 PM Weekdays



Township Board meetings, 8:00 PM
on the fourth Tuesday of each month

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