

WHEELING TOWNSHIP COMMUNITY MENTAL HEALTH BOARD MINUTES OF
JANUARY 14, 2026

CALL TO ORDER

The Wheeling Township Community Mental Health Board Regular Meeting, for January 14, 2026, was held in the Paula Ulreich Meeting Room, in the Township of Wheeling, 1616 North Arlington Heights Road, Arlington Heights, Illinois. President Hayes called the meeting to order at 7:00 PM.

ROLL CALL

Secretary Dixon called the roll, and the following members were present: Jaime Clark, Bill Dixon, Trustee Liaison Lorri Grainawi, John Lubbe, and President Sue Hayes.

Absent: Jen Underwood, and Jack Vrett

Also in attendance, Mental Health Board Manager, Karin Frisk.

PLEDGE OF ALLEGIANCE

President Hayes led those assembled in the Pledge of Allegiance.

CITIZENS TO BE HEARD

None.

APPROVAL OF MINUTES

**MOTION: APPROVAL OF THE MINUTES OF THE WHEELING TOWNSHIP
COMMUNITY MENTAL HEALTH BOARD SPECIAL MEETING ON NOVEMBER 4, 2025**

Motion by Trustee Grainawi, seconded by Member Lubbe

VOICE CALL VOTE: All Ayes
NAYS: None – Motion carried

**MOTION: APPROVAL OF THE MINUTES OF THE WHEELING TOWNSHIP
COMMUNITY MENTAL HEALTH BOARD REGULAR MEETING ON NOVEMBER 12,
2025**

Motion by Trustee Grainawi, seconded by Member Lubbe

VOICE CALL VOTE: All Ayes
NAYS: None – Motion carried

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REPORTS

President's Report

President Hayes updated the Board regarding the new Board Member appointment and welcomed new Member Jaime Clark.

Member Jen Underwood arrived at 7:05 PM

Trustee Liaison's Report

Trustee Grainawi advised that the Wheeling Township Board approved the Community Mental Health Board's \$1.5 million levy request. Trustee Grainawi updated the Board on her experience with public contact via her Township phone extension. The Board discussed the best means of contact for them, noting that adding their Community Mental Health Board Member email addresses to the website, and continuing to use the Manager's phone extension were the best means of communication.

Manager's Report

Manager Frisk shared a few highlights from her report, including documents that will be reviewed at the February meeting, updates to legislation allowing Service Members performing active military duty to participate in Open Meetings remotely if a physical quorum is present, and no meetings can be held on Election Day. Manager Frisk shared reminders of upcoming events that might be of interest to the Board.

BUSINESS

FY2026-27 Final Budget

Manager Frisk noted additional program breakouts that will occur. The programs were already included in the budget but not itemized. Manager Frisk advised that having those further breakouts would allow for better program evaluation in the coming fiscal year.

MOTION: APPROVAL OF THE FY2026-27 FINAL BUDGET

Motion by Member Lubbe, seconded by Member Dixon

ROLL CALL VOTE: AYES: Clark, Dixon, Grainawi, Lubbe, Underwood, and Hayes
NAYS: None – Motion carried

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Funding Notification

Manager Frisk discussed the prior timeline and process of notifying the agencies of the Board's funding decision. Manager Frisk proposed an earlier notification method that incorporates electronic agreement processing and expedites the process. Board Members advised to update the notification to include when the first payments can be expected.

The Board discussed how payments would be handled for grants versus capital projects.

MOTION: TO APPROVE THE FUNDING NOTIFICATION AS DISCUSSED

Motion by Member Dixon, seconded by Trustee Grainawi

ROLL CALL VOTE: AYES: Clark, Dixon, Grainawi, Lubbe, Underwood, and Hayes
NAYS: None – Motion carried

April 2026 Meeting Date Change

MOTION: TO CHANGE THE APRIL 2026 MEETING DATE FROM APRIL 8 TO APRIL 22, 2026

Motion by Member Dixon, seconded by Trustee Grainawi

VOICE CALL VOTE: All Ayes
NAYS: None – Motion carried

Board Member Comments

Trustee Grainawi advised the Board about a notification sent from SAMHSA to agencies operating under certain grant funding. The Board discussed potential impacts on the agencies that the Board funds or plans to fund in the next fiscal year. The Board directed Manager Frisk to reach out to potentially impacted agencies.

President Hayes noted that she learned that the Manager did not have a contract with the Board. The Board discussed terminology used for employment and requested the Manager to gather other Mental Health Board employment agreements for the Board to review and further discuss at a future meeting.

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MOTION: ADJOURNMENT

Motion by Member Dixon, seconded by Member Clark

VOICE CALL VOTE: All Ayes

NAYS: None – Motion carried

The meeting for Wednesday, January 14, 2025 was declared adjourned at 7:48 PM.

The Special Meeting of the Community Mental Health Board is set for Saturday, February 21, 2026 at 9:00 AM.

The next Regular Meeting of the Community Mental Health Board is set for Wednesday, March 11, 2026 at 7:00 PM.